

# Leeds Children's Hospital Appeal

# logheights



**Do you think your team has nerves of steel?  
Do you dare to scale the heights on Friday 13th?**

**We promise to put you to the test during our charity fundraiser on the Log Heights Ropes Course near Harrogate on Friday 13th May!**

A non-refundable deposit of just £295 secures a place for up to 10 of you to take part in the Log Heights High Ropes Challenge while raising much-needed funds for Leeds Children's Hospital. We promise you'll have fun – and you'll get to see just how well your team performs compared to others from across the region. You might even win a prize!

The Log Heights Ropes Course is set amongst the beautiful trees in the grounds of Ripley Castle. You can choose whether you would like to come on the ropes between 9.00am-12.30pm or from 1.30pm-5.00pm. Whichever you opt for, you'll get the chance to try your hand at such activities as Jacob's Ladder (where the rungs get further and further apart the higher you climb), Beer Crate Challenge (see how high you can build your tower before the time runs out), Mohawk Walk (you're nearer the ground for this one, but it's not nearly as easy as it looks), High Beam (take a walk in the treetops) and Leap of Faith (leap into the sky and try to catch the trapeze).

As the ropes course is usually used for corporate team building, you can also be confident that your time spent doing the challenge will help build key team skills. And you can hold a team meeting in Ripley Castle either before or after your ropes course session if you would like to make a day of it.

Lunch is included either at the end of the morning session or before the afternoon one. It will be served in historic Ripley Castle and will be a great networking opportunity.

All we ask is that your team raises a minimum of £1000 in sponsorship. All money raised will go straight to the Leeds Children's Hospital to make every child's stay brighter, better and happier.

**To register your group please give us a call or drop us an email:**

**Tel: 01423 711044**

**Email: [info@logheights.co.uk](mailto:info@logheights.co.uk)**

**Leeds Children's  
Hospital**  
Registered Charity No. 1075308